an innovative, inexpensive and portable movement laboratory

- Valedo Movement Lab -

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Aim: Developing a measurement tool which supports the physiotherapist by identifying movement dysfunctions and planning the therapy.

1. Background

- 43% of the Swiss population suffers from low back pain.
- Costs for treatment are 4 billion CHF/year.
- Patients show following movement dysfunctions:
  - reduced movement control
  - reduced proprioception
  - reduced flexibility
  - reduced balance.
- Physiotherapists are unable to detect these movement dysfunctions by eye – is the Valedo Movement Lab?

2. Are these movement dysfunctions measureable?

Movement analysis of 27 tasks and 1572 parameters with 30 healthy subjects and 60 patients.

- Selection of 274 parameters which …
- ... proved to be reliable
- ... were able to classify low back pain
- ... had odds ratio larger than 2:1.

3. Are these movement parameters treatable?

- 20 patients were recruited.
- They received nine physiotherapy sessions.
- Motion analysis was conducted before and after the therapy.

The correlation between disability and movement parameter equals 0.445 (p = 0.06).

4. Conclusion

- There's a need to identify movement dysfunctions in low back pain patients.
- The Valedo Movement Lab is able to detect the relevant movement parameters.
- There are more than 7’000 potential customers in Switzerland.